



PANTHER PRIDE



ROCHELLE ANGLEY, SUPERINTENDENT/PRINCIPAL

A MESSAGE FROM THE SUPERINTENDENT/PRINCIPAL

Dear U-Prep Families,

November is upon us and we have so much to be thankful for, look forward to, and celebrate! This month's newsletter highlights student leadership, academics, visual and performing arts, and athletics. Speaking of celebrations, we had a fantastic Homecoming week, won a few league titles, and are continuing to prepare for the amazing fall musical. We are in awe of our U-Prep students; they can truly do it all!

Believe it or not, we are already planning for the 2023-2024 school year. We will host our annual 2023-2024 Enrollment Information Night on Tuesday, November 15th, 2022 at 5:30PM in the David Marr Auditorium. Applications for the 2023-2024 school year will be available on Thursday, December 1, 2022. For current U-Prep students, the *Intent to Return Form* will be emailed home Friday, December 2; this form will also be available on our website and school app. Parents sign and return the *Intent to Return Form* which assists staff in determining seat availability before conducting lottery admissions for the 2023-2024 school year. Please return one form per currently enrolled student. This form guarantees currently enrolled students a seat in the 2023-2024 school year when returned no later than Friday, January 20, 2023. If we do not receive an *Intent to Return Form* by the Friday, January 20 deadline, it will be assumed that the student is not returning to U-Prep and their position in the school will be forfeited. For more information on our admissions process, please visit the school website or call (530) 243-2793.

This year's Fall Musical, *The Descendants*, is a show you and your family don't want to miss! The show opens on Friday, November 11th at 7:00PM. Tickets are \$20/adult and \$10/children and seniors. Tickets may be purchased online at uprepmusical.org. Be sure to purchase your tickets before the shows are sold-out! A very special thank you to the parents who are working tirelessly on set construction, costume design and a number of other details that are required to make our phenomenal fall musical a huge success!

On behalf of the U-Prep staff, Happy Thanksgiving!

Sincerely,

Rochelle Angley

Superintendent/Principal



Upcoming Events!

Nov. 1-17	CANNED FOOD DRIVE	Nov. 12	FALL MUSICAL MATINEE/EVENING PERFORMANCE
Nov. 2	COLLEGE APPLICATION WORKSHOP	Nov. 14	EARLY RELEASE DAY/2:21 PM
Nov. 4	SENIOR NIGHT-FOOTBALL	Nov. 15	INFO NIGHT
Nov. 5	STRINGS DEPARTMENT POPS CONCERT	Nov. 16	COLLEGE APPLICATION WORKSHOP
Nov. 7	EARLY RELEASE DAY/2:21 PM		THE DESCENDANTS SCHOOL MATINEE SHOW
Nov. 9	COLLEGE APPLICATION WORKSHOP	Nov. 18	IO9 STEM CAREER DAY
Nov. 11-13	MODEL UN CONFERENCE		FALL MUSICAL
Nov. 11	FALL MUSICAL	Nov. 19	FALL MUSICAL MATINEE/EVENING PERFORMANCE
	VETERAN'S DAY-NO SCHOOL	Nov. 21-25	THANKSGIVING BREAK



HOMECOMING 2022



Homecoming 2022 is in the books! The week was a huge success thanks to an incredible amount of Panther spirit lead by Student Government. The week's theme was Party in the Y2K, and Monday kicked off with Hannah Montana. Students filled the hallways as cowboys and celebrities. Tuesday followed with Modern Family. The creativity and dedication was on full display with the best BBQ dads and soccer moms. The fun continued with Wednesday as 13 going on 30, proving to be one of the more memorable days of the week as our students and staff switched places in their dress for the day. Thursday was Peppa Pig, which coincided with Think Pink Day, something that is near and dear to our hearts. Our Panther family loves celebrating the annual tradition that started here in Redding. High School Student Government representatives greeted families with Think Pink calendars as they dropped off students for school. The week drew to a close with continued enthusiasm as the Panther family highlighted Friday Night Lights, to honor our homecoming week and the football game. At the game, ASB Students did an awesome job creating masterpieces on wheels. Our final event of the week was the homecoming semi-formal dance, one of the most highly attended dances of the year, with approximately 400 students attending. Formally dressed students danced the night away living up to the theme, "Please don't stop the music"! We are looking forward to another successful spirit week in January!



Mission & Vision

University Preparatory School is an educational community invested in developing confident, capable, and compassionate citizens; its mission to immerse all students "in rigorous academics and meaningful extra-curricular activities" is supported by a collaborative and close-knit community of staff, students and parents and is based upon educational research and professional experience. The faculty and staff work together to provide students with many opportunities to excel academically and develop their potential as educated leaders and citizens in the 21st century through a rich and varied extra-curricular program. This vision is supported by offering a seven- period day to students from grades 6 through 12 so that they may pursue academic interests, such as studying multiple world languages or continue their development in the arts, including dance, drama, art, and music. The objective of this mission is to enable all students to become self-motivated, competent, and lifelong learners.



Congratulations to the students and staff of U-Prep!
<https://www.usnews.com/education/best-high-schools/articles/us-news-ranks-best-high-schools>

<https://www.usnews.com/education/best-high-schools/california/districts/university-preparatory-district/university-preparatory-272635>

National Rankings #302 #471(2021)

California High Schools #37 #63 (2021)

Redding, CA Metro Area High Schools #1 #1 (2021)

Charter High Schools #74 #102 (2021)

COLLEGE APPLICATION WORKSHOPS

Fall 2022

When & Where

October 5th
October 12th
October 19th
October 26th
November 2nd
November 9th
November 10th
November 16th
November 17th
November 29th
November 30th

During Lunch
1:09-1:39 PM
Room 299

Need help filling out college applications?
Attend one of these Drop-In Workshops!



SAT SCHOOL DAY

MARCH 1, 2023

U-Prep will be offering juniors the chance to take the SAT during their regular school day!

REGISTER IN THE ASB OFFICE

Cost is \$60.00

\$8.00 for income-eligible students

Deadline to register: January 20, 2023

Limited Space: Register ASAP to save a seat!

All Californians can now access 24/7 online tutoring — for free

- Every Californian can now access **free online tutoring at any hour of the day**, thanks to a new initiative offering educational resources to K-12 students and adult learners.
- The resource is part of an **investment in public libraries**
- Real-time homework help is **now available on the websites of any of the 1,130 local public libraries** around the state and [here](#).
- **The HelpNow pilot program currently offers help in math and language arts, in English and Spanish, at any time of the day or night.**
 - Help for "other core K-12 subjects" is available between 10 a.m. and 10 p.m. in English, Spanish, Mandarin, Cantonese, Vietnamese, and Tagalog, with no age limit to who can take advantage of the resource.
- Adults can also access writing assistance, citizenship resources and other tools.
- The **tutors** that are taking part in the program have all passed **background checks and possess, at a minimum, a bachelor's degree**
 - They are also familiar with state curriculum and standards.
- You can use the online resource via smartphone, tablet or computer, so long as you're in the state of California.
 - Users who have a valid library card can log into the service and receive additional benefits.

<https://main.castatehelpnow.ca.svc.brainfuse.com/authenticate.asp>

FALL COLLEGE TRIP

November 30th through December 1st our Junior students will be attending our annual fall college trip tour.

We will be visiting CSU Chico, UC Davis, and Williams Jessup University.

After experiencing what college campuses are all about we will mix in some fun at the Sacramento Kings game along with shopping in downtown Sacramento.

This is our first in person college trip in over two years and we are very excited to continue our tradition of these college tours.



8TH GRADE FIELD TRIP TO SIMPSON UNIVERSITY

U-Prep 8th grade students will tour Simpson University on November 8th. They will tour the campus and have lunch. For more information, please contact Mr. Williams at mwilliams@suhdsd.net.



SIMPSON
UNIVERSITY

VISUAL AND PERFORMING ARTS

VAPA

**BRAD FOWERS - DEPARTMENT CHAIR
BAND & CHOIR**

ELIZABETH JOHNSON - PERCUSSION & STRINGS

MARISSA KINNEAVY - DANCE

LURA WILHELM - VISUAL ARTS

ROMNEY CLEMENTS - MUSICAL DIRECTOR



Rotten to the Core?

Get ready to be enchanted by U Prep's Fall musical, Disney's Descendants. It is present-day, and in the kingdom of Auradon, all of Disney's beloved heroes and royalty are living happily ever after, safe from the terrifying villains and troublesome sidekicks they have banished to the magic-free Isle of the Lost. That is until Ben, the benevolent teenage son of Belle and King Adam (The Beast), offers a chance of redemption for the troublemaking offspring of the evilest villains. Mal, Evie, Jay and Carlos – the children of Maleficent, the Evil Queen, Cruella De Vil, and Jafar – are welcomed to Auradon Prep to attend school with the children of their parents' sworn enemies. Now entering a completely foreign world and way of life, the four Villain Kids have a difficult choice to make: should they follow in their parents' wicked footsteps or learn to be good?

Musical

Fundraiser



'They're not bad... just misunderstood.'

The Disney Descendants cast is at it again with our October fundraiser- "Enchantments". Much like the beloved "flockings" you'll see with flamingos, we will post our magic in a yard of your choosing. You can specify for your own yard and show your support of local youth arts or you can choose a "victim" to receive the fun! Each "enchantment" will be displayed for 24-48 hours.

Each enchantment is just \$35. Visit our website to complete the order and we'll bring the fun to you!! <http://uprepmusical.org/donations-ads-payments> At the donation screen, select "Enchantment Fundraiser" on payment type to get started!! If you have any questions, just drop us a message!!

****Enchantments not allowed on public property or apartment complexes, Redding, Shasta Lake and Anderson city limits only.**

**Show dates are November 11th & 18th
at 7:00 pm and November 12th &
19th at 2:00 pm and 7:00 pm. Stay
tuned for
ticket details!**

VISUAL AND PERFORMING ARTS

VAPA

DANCE DEPARTMENT

**BRAD FOWERS - DEPARTMENT CHAIR
BAND & CHOIR**

ELIZABETH JOHNSON - PERCUSSION & STRINGS

MARISSA KINNEAVY - DANCE

LURA WILHELM - VISUAL ARTS

ROMNEY CLEMENTS - MUSICAL DIRECTOR



The U-Prep Dance Team had a blast at their first performance of the year. Performing at the Homecoming rally and varsity halftime was so much fun! For the first time ever, and hopefully the start of a tradition, the Dance Team joined the Cheer Squad for a combined routine.

VISUAL ARTS DEPARTMENT



VISUAL ARTS DEPARTMENT

VISUAL ARTS DEPARTMENT



U-Prep's art department led by art teacher, Lura Wilhelm, has been keeping very busy both on campus and within the community. The High School Art Club spent an afternoon painting a sign for the Y2K HoCo Dance, while U-Prep high school artists helped Redding Rotary with their Haunted House decorations located at the Monolith. Artists included: Karen L., Emily M., Angie C., Gracie A., Alex C., Arianna T., Natalie O.,



VISUAL AND PERFORMING ARTS

VAPA

**BRAD FOWERS - DEPARTMENT CHAIR
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ELIZABETH JOHNSON - PERCUSSION & STRINGS

MARISSA KINNEAVY - DANCE

LURA WILHELM - VISUAL ARTS

ROMNEY CLEMENTS - MUSICAL DIRECTOR



University Preparatory School
Strings Department presents

Pops and Sweets under the Stars

outdoor pops concert

Saturday, November 5th 5-7 PM
2200 Eureka Way
Shasta Learning Center
East Atrium

complimentary hot chocolate and cookies

\$8, 8 and under, free

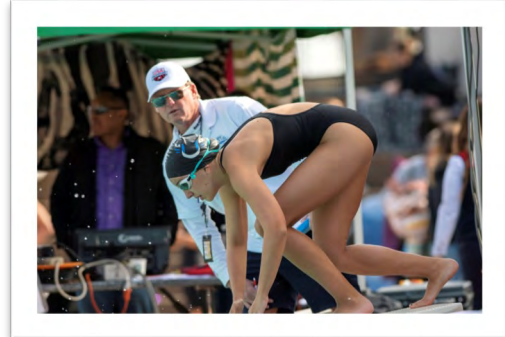


Swim-Swim season concluded with the Masters on October 29th at Shasta College. Senior Rachel Maki tied for third overall in points scored and won the 200 Freestyle. Senior Kyle Reitan won the 50 Freestyle and 100 Butterfly and tied for first in overall points. Senior Josh Halpenny placed 2nd in the 100 Freestyle. The girls team finished 8th overall, while the boys finished 3rd. Leading up to this event the boys team captured another Section Championship by winning the D2 meet. The boys also won an NAL Championship, while the girls finished 2nd. In league, the JV girls also took first place. Congrats to all on a great season!

Girls Golf-Girls golf successfully defended their NAL Championship by taking first place in league again this fall. Keira Johnson, Clara Boyle, Cora Boyle, and Lucia Rainsford all earned all-league honors. The team also placed 2nd overall at the section finals held at Gold Hills. Keira Johnson earned a spot in the NorCal Championships at Berkeley Country Club November 7th by tying for 3rd among golfers whose team did not qualify. Congrats to all on a great season!

Girls Tennis-Girls tennis won the NAL title this year with Senior Merrin McCormick earning NAL MVP. Shania Soares and McCormick teamed up to win the NAL doubles tournament championship. McCormick, Soares, and Savannah New earned All-League. The team plays Orland for a Section Championship November 3rd at Orland HS.

Cross Country-Cross Country won the West Valley Coed Invite November 7th. Top runners for the boys included Noah Gaido (2nd overall), Noah Gaddy (3rd), Frankie Nigro (5th), and Seth Austin (6th). On the girls side Lyndsey Schuster (3rd), Isabella Stephenson (8th), Joanna Mielsing (10th), and Joe Taylor (13th) were our top four runners. The team also had a strong showing at their only "home" meet of the year. The meet was hosted at the beautifully renovated Nur Pon Recreation area. Thank you to those with the City of Redding that helped to make it a great event. Good luck to the team as they prepare for the NAL Finals on November 3rd and the Northern Section Finals November 10th.



SPECIAL THANKS TO DOUG WENHAM FOR SHARING HIS PHOTOGRAPHY WITH U-PREP.
DOUGSACTIONPHOTO.ZENFOLIO.COM



Varsity Volleyball-Varsity Volleyball won another NAL title this fall, while also capturing the Pleasant Valley Tournament Championship in October. Kaitlyn Cabral was named the MVP of the Pleasant Valley Tournament. Morgan Wilding and Reese Ampí both earned all-tournament. The team is ranked first overall in the Northern Section, and ranked 11th overall in Northern California on cifstate.org. The team plays November 5th at 1pm at Foothill HS for the Northern Section Division 4 title.

Football-Varsity football continues to have a great year. The team is currently 8-1 and ranked third in their division. The varsity team also leads the division in fewest points allowed (67 points through 9 games). Running back Ryan Dyab is second in the section in rushing yards with 1204. Following the conclusion of the regular season, the team has secured a first round home playoff game on November 10th at 7pm. For the JV team, a win in their final game vs. Central Valley will crown them the champions of the NAL in 2022.

Junior high sports: The A and B volleyball teams, along with the A soccer team all won league championships. The A volleyball team went 8-2 in league, the B team went 9-1, and the A soccer team went 10-0 in league. Junior high cross country also wrapped up with our 6th grade girls claiming the Volcano League championship. The top three finishers on the team were Luci Mieling (6:28), Izzy Walton (7:14) and Sara Kako (7:22). Congrats to both our 7th and 8th grade boys and girls teams for placing 2nd. Girls basketball and flag football all both are getting ready for their seasons to start





**Discount 2-Mile code
For kids 14 & under
\$10 entry fee with code.
Register @ www.runsignup.com
Use code: christmasfun**

**December 10th, 2022
Lake Redding Park
12K Run & 2M Run/Walk**

9am

www.MidniteRacing.net

530-526-3076



DEADLINE: 02/03/2023

University Preparatory School

Dear 8th & 12th Grade Families,

Yearbook Recognition Ads are the perfect way to commemorate achievements and celebrate milestones. To purchase your ad online, follow the instructions listed below. Jostens is responsible for our school's yearbook ad sales. Please do not send materials to the school. All orders must be placed by 02/03/2023

ORDER YOUR YEARBOOK RECOGNITION AD TODAY!



ORDER BY 02/03/2023

COLOR AD

Full Page	\$350.00
1/2 Page	\$170.00
1/4 Page	\$90.00
1/8 Page	\$50.00

*Tax, service and delivery fee(s) will be added if applicable.

*Credit card installment plan available for orders of \$30 or more.

IT'S EASY! Create your ad online at
www.jostensadservice.com/student

1. Choose your ad size and layout.
2. Enter your text and upload your photos.

Important information about Yearbook Recognition Ads

- Our school reserves the right to edit ads per our guidelines.
- We retain the right to remove any explicit text, graphic photos or copyright-protected imagery or photos.
- For the ad to appear in the yearbook, your ad must be purchased by the order deadline.
- Color photographs uploaded for black-and-white ads will appear in black and white.
- We will make every effort to use your layout and text as indicated. A proof will not be provided and no changes can be made after purchase.

GUIDELINES SURROUNDING RECOGNITION AD CONTENT.

Please make sure all submitted materials are appropriate for school publication.

EASY PAYMENT PLAN AVAILABLE*

Frequently Asked Questions

How are the ad prices determined and what is the money used for?

Ad prices are determined by our school. The revenue from Recognition Ads helps support our yearbook and keep it affordable for everyone.

How is the ad deadline determined?

The ad deadline is set by our school based on the production schedule for the yearbook.

Can I create my student's ad on my mobile device?

Yes, yearbook ads can be created online from both desktop and mobile devices.

Can I send my materials to the school?

No, please do not send your materials to our school. Our school has selected Jostens to assist with our ad program. Please call our customer service number (800-358-0800) if you have questions or need assistance in creating your ad.

More questions? Call Jostens at (800) 358-0800.

www.jostensadservice.com/student



EAST COAST TRIP 2023

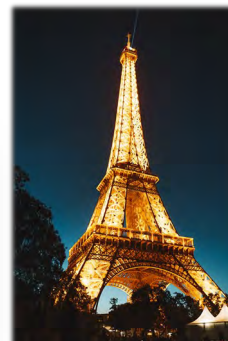
The 2023 8th grade East Coast trip is looking to be the best yet! We currently have 45 people signed up and looking for more travelers to come along and learn about amazing historical places. Trip dates are June 4-10, 2023. Any questions about signing up for the trip can be emailed to Mrs. Bright at sbright@suhsd.net.



LONDON & PARIS 2023

Join us as we embark on an adventure to London and Paris. We will experience a guided tour of London from the royal haunt of Buckingham Palace to the slightly more democratic Speaker's Corner of Hyde Park along with Big Ben, Trafalgar Square, Piccadilly Circus, and more. We will experience the Eurostar Chunnel crossing to Paris where we will take in the sights of the Arc de Triomphe and the Eiffel Tower. Oh, and the magnificent art we will experience at the Louvre: taking in the architectural marvel of the 71-foot glass pyramid, the Mona Lisa, and of course the Venus de Milo. (cisheim@suhsd.net).

"Travel is the only thing you buy that makes you richer."





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FOUNDATION**



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a

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uprepscrip@suhsd.net

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or download the App.*





PANTHERS

UNIVERSITY PREPARATORY SCHOOL

2022-2023 BELL SCHEDULE

REGULAR DAY SCHEDULE			
ATTN: JUNIOR HIGH (6th-8th Grade)PARENTS			
NO ASAP PERIOD ON FRIDAYS - SCHOOL BEGINS AT 8:30AM			
6th & 7th Grade		8th Grade & High School	
6th-7th ASAP	8:00-8:25	8th ASAP/**O.H.	8:00-8:25
Period 1	8:30-9:20	Period 1	8:30-9:20
Period 2	9:26-10:16	Period 2	9:26-10:16
Period 3	10:22-11:12	Period 3	10:22-11:12
*Period 4	11:18-12:13	*Period 4	11:18-12:13
LUNCH	12:13-12:43	Period 5	12:19-1:09
Period 5	12:49-1:39	LUNCH	1:09-1:39
Period 6	1:45-2:35	Period 6	1:45-2:35
Period 7	2:41-3:31	Period 7	2:41-3:31
*5 Minute Addition for Daily Bulletin		*5 Minute Addition for Daily Bulletin ** Denotes High School Office Hours, M-F	

EARLY RELEASE DAY SCHEDULE			
NO ASAP PERIOD - SCHOOL BEGINS AT 8:30 AM			
6th & 7th Grade		8th Grade & High School	
Period 1	8:30-9:10	Period 1	8:30-9:10
Period 2	9:16-9:56	Period 2	9:16-9:56
Period 3	10:02-10:42	Period 3	10:02-10:42
*Period 4	10:48-11:33	*Period 4	10:48-11:33
LUNCH	11:33-12:03	Period 5	11:39-12:19
Period 5	12:09-12:49	LUNCH	12:19-12:49
Period 6	12:55-1:35	Period 6	12:55-1:35
Period 7	1:41-2:21	Period 7	1:41-2:21
*5 Minute Addition for Daily Bulletin		*5 Minute Addition for Daily Bulletin	

University Preparatory School 2022-23 School Calendar

July 2022						
Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

21

1st Quarter Ends: October 14 42
 1st Semester Ends: December 21 42
 3rd Quarter Ends: March 17 43
 2nd Semester Ends: June 1 48

Student Attendance Days (175)

Minimum Days

Finale

21

August 2022						
Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

11

15

September 2022						
Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

15

October 2022						
Su	M	Tu	W	Th	F	Sa
					1	
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

15

November 2022						
Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

16

23

December 2022						
Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

15

January 2023						
Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

15

February 2023						
Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

22

March 2023						
Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

1

April 2023						
Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

May 2023						
Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

22

June 2023						
Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

1

ACADEMIC CONFERENCES
 SEPT. 21-22, March 1-2

HOLIDAYS/RECESSES

Labor Day Sep 5
 Veteran's Day Holiday Nov 11
(by law must be Nov 11 if a weekday)
 Thanksgiving Break Nov 21-25
 Winter Break Dec 22-Jan 9
 Martin Luther King Day Jan 16
 Washington Day observed Feb 20
 Lincoln Day observed Feb 21
 President's Week Feb 20 - 24
 Spring Break April 10-14
 Memorial Day May 29

Thanksgiving - November 24
Easter - April 9

CERTIFICATED DATES

School Starts: August 17
 School Ends: June 1

Staff Work Days ○ Aug 12, 16
 Dec 22
 June 2

Staff Development Days △ Aug 15
 Jan 9

Snow Day Makeup: June 2 Staff Day June 5

Board Approved - June 8, 2022